



GOD

PLEASE

HELP ME.



**We Do Not Choose Our
Family**

Family Issues In the Bible

- **Adam and Eve:** Their first family was marked by tragedy when their son Cain murdered his brother Abel.
- **Abraham, Isaac, and Jacob:** This prominent family experienced ongoing strife, including conflict between Sarah and Hagar, Jacob stealing his brother Esau's birthright, and Jacob's own family being filled with jealousy among his wives and sons.
- **King David:** His family was involved in multiple scandals, including adultery, incest, murder, and patricide.
- **Judah and Tamar:** Judah's family faced scandal and sexual sin, including his daughter-in-law Tamar deceiving him.

- **Lot and his daughters:** After fleeing Sodom, Lot's daughters got him drunk and had children with him.
- **Noah's sons:** They had conflict among themselves, particularly after Noah got drunk.
- **Job:** Although a righteous man, Job faced immense personal suffering. His wife and friends offered little comfort, with his wife even telling him to "curse God and die".
- **Jacob's sons:** The brothers sold Joseph into slavery out of jealousy, leading to a long and painful separation for the family.
- **Joseph:** Despite the difficulties his family caused him, he ultimately used his position to provide for them during a famine.

Causes of Family Conflict

- **Communication**
- **Differing Beliefs, Morals and Values**
- **Financial Issues**
- **Secrets**
- **Parenting Styles**
- **Rivalry**
- **Roles & Responsibilities**
- **Unresolved Past Issues**

- **Life Transitions**
- **Work-Life Balance**
- **External and Social Influences**

Generational

CURSE OR PRACTICE?

Exodus 34:7 says that God “[visits] the iniquity of the fathers on the children and the children’s children, to the third and the fourth generation.”

**God does *not* “hold you
responsible for something
that someone else did.”**

Old Testament

General Curse

**Adam's sin (disobedience) brought the curse of sin
to all humanity.**

Romans 5:8

So one man's sin brought guilt to all people. In the same way, one right act made people right with God. That one right act gave life to all people.

New Testament

“Whoever has the Son has life; whoever does not have the Son of God does not have life” (1 John 5:12, ESV).

“For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God” (John 3:17-18, ESV).

**Salvation is an individual
responsibility of choice base
on faith in Jesus Christ as
Lord and Savior**

Common Sense

Behaviors do run in families: addictive behavior and abuse may become ingrained in the psychological legacy of certain families

GET HELP

Spiritual deliverance is available to everyone who sincerely calls upon the name of the Lord (Romans 10:13).

Ephesians 4:32

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Romans 12:10-21

10 Be devoted to one another in love. Honor one another above yourselves. 11 Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. 12 Be joyful in hope, patient in affliction, faithful in prayer. 13 Share with the Lord's people who are in need. Practice hospitality. 14 Bless those who persecute you; bless and do not curse. 15 Rejoice with those who rejoice; mourn with those who mourn. 16 Live in harmony with one another. Do not be proud, but be willing to associate with people of low position.[a] Do not be conceited. 17 Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. 18 If it is possible, as far as it depends on you, live at peace with everyone. 19 Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay,"[b] says the Lord. 20 On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head."[c] 21 Do not be overcome by evil, but overcome evil with good.

Help Dealing With Family

- **Embrace Love and Kindness**
- **Be Honest**
- **Acknowledge the Facts**
- **Prioritize Forgiveness**
- **Pray for Them**
- **Be A Good Example**
- **Do Not Retaliate**
- **Move On-Let It Go**
- **Set Boundaries**
- **Seek Guidance**